

# Swimming Timetable

Day	Entire Pool AM	Lane 1	Lane 2 & 3	Entire Pool PM
Monday	Aqua Aerobics 12:15-13:00	-	Kids Swimming lessons 16:00-18:30	-
Tuesday	-	Family Swimming 15:00-18:00	Kids Swimming Lessons 16:00-18:30	-
Wednesday	Aqua Aerobics 10:30-11:15	-	Kids Swimming Lessons 16:00-18:30	Aqua Aerobics 19:00-19:45
Thursday	-	Family Swimming 15:00-18:00	Kids Swimming Lessons 16:00-18:30	-
Friday	Aqua Aerobics 10:45-11:30	Family Swimming 15:00-18:00	Kids Swimming Lessons 16:00-18:30	-
Saturday	-	Family Swimming 13:00-18:00	Kids Swimming Lessons 12:00-15:30 16:00-18:00	-
Sunday	Aqua Aerobics 10:15 -11:00	Family Swimming 13:00-18:00	Kids Swimming Lessons 12:00-15:30 16:00-18:00	-