

JOSHUA TREE

AVEDA CONCEPT SALON & SPA



Service Menu

Telephone: 0115 981 3111
www.joshuatree-salon.com



AVEDA
THE ART AND SCIENCE OF PURE
FLOWER AND PLANT ESSENCES



Discover

the pampering salon & spa services that combine beauty, well being and the respect of the environment.

Experience

Aveda's high touch philosophy and 95% naturally derived hair colour, haircare, skincare, body care and make-up.

Achieve

the look you want. Our expert colourists and stylists will create the total look that suits your lifestyle.

Hair Colour

Experience beautiful results with up to 99% naturally derived hair colour. Aveda Full Spectrum™ hair colour immerses hair in up to 97% naturally-derived formulas for our permanent colour and up to 99% naturally-derived formulas for our deposit-only semi-permanent colour.

Drenching each strand in sunflower, castor and jojoba oils to maintain the condition of hair and deliver exceptional shine, our patented green tea technology helps ensure the most true-to-life tones.

All prices can be quoted before commencement of the service or following your complimentary consultation.

Semi - permanent	Technical artistic director.....	£32
	Master technician.....	£29
	Technician.....	£27
	Junior Technician.....	£25
Permanent roots	Technical artistic director.....	£42
	Master technician.....	£39
	Technician.....	£37
	Junior Technician.....	£35
Permanent	Technical artistic director.....	£52
	Master technician.....	£49
	Technician.....	£47
	Junior Technician.....	£45
Half head highlights	Technical artistic director.....	£68
	Master technician.....	£58
	Technician.....	£55
	Junior Technician.....	£45
Full head highlights	Technical artistic director.....	£88
	Master technician.....	£80
	Technician.....	£75
	Junior Technician.....	£65

Glossing treatment // £25

A 99% naturally derived treatment with a soothing lavender aroma. Choose from either a clear gloss for ultimate shine or a customised colour gloss to enhance your hair colour with extra shine. Does not include Blow dry.

* from plants and non-petroleum based minerals

* Patch test- we require you have a skin sensitivity test 48 hours prior to any Aveda colour service, including glossing service, if you have not had Aveda colour in the last 12 months.

* Prices are based on the experience and training of Aveda Salon Professionals.

* In case of particularly long/thick hair, there may be an additional cost to the prices stated above. This will be made clear prior to the commencement of service.





Hair cut & styling

Our philosophy is customised creativity. Our innovative team of stylists will create a look that caters for you and your lifestyle.

After a thorough consultation, enjoy a sensory journey using natural essential oils and a stress-relieving head & shoulder massage before your service.

Women's hair cut & styling	Artistic director.....	from £48
	Master Stylist.....	from £37
	Stylist	from £30
	Junior stylist.....	from £25
Men's hair cut & styling	Artistic director.....	from £30
	Master Stylist.....	from £22.50
	Stylist	from £20
	Junior stylist	from £18
Blow-dry	Artistic director.....	from £30
	Master Stylist.....	from £22
	Stylist	from £18
	Junior stylist	from £16

Hair for special occasions will be quoted following a complimentary consultation. Our prices start from £30

- * Prices are based on the experience and training of Aveda Salon Professionals.
- * Curling / Straightening appointments available upon request, prices start from £15
- * Childrens hair services (up to 12 years old) available monday-friday
Prices start from £10. Additional price for Blow-dry

Hair treatment

Take a moment to relax and experience the ultimate hair cleansing from city environmental pollutants.

Your head is an ecosystem. Hair & scalp working in harmony, sharing energy and nutrients to create the right environment for healthy hair. Like the Earth's environment, it must be in balance and cared for. When out of balance, it must be brought back to health.

Damage Remedy™ hair & scalp renewal treatment // £17

Special treatment for damaged and tired hair and scalp. Brings your hair back to life, revitalised with a healthy shine and finish.

Includes a scalp & hair analysis, balancing-touch massage, stress-relieving shampoo ritual and hand massage.

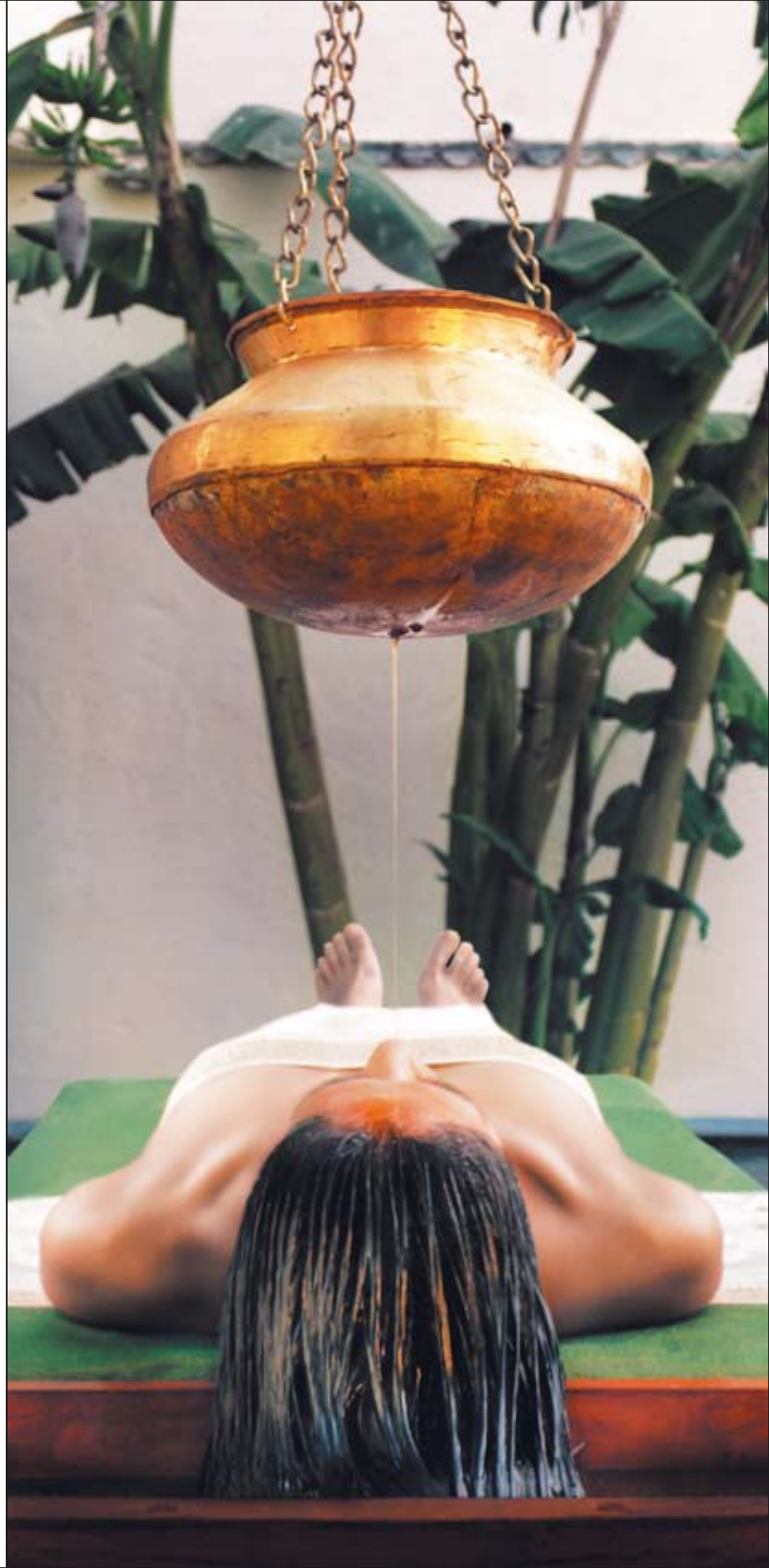
Add-on services

Add-on scalp renewal..... 15 mins £10

Add-on hair replenishment..... 15 mins £10

* Prices are based on the experience and training of Aveda Salon Professionals.

* Please note all hair treatment prices do not include blow-dry.



Aveda facials

Elemental Nature Treatment™

45 min £35 // 1 hr 15 min £45 // 1 hr 45 min £55

A personalised treatment designed just for you to restore balance through the use of essential oil aromas and chosen products containing pure flower and plant essences

Aveda targeted treatment facials

45 min £40 // 1 hr 15 min £50

1 hr 45 min £65

Outer Peace™ blemish relief facial

A total solution for blemished skin - with consultation, personalised treatment and diet/lifestyle tips – that treats not only the symptoms of blemishes and break-outs, but their causes, so that skin stays clear. A course of 3 is recommended.

Botanical skin resurfacing facial

A natural alternative to microdermabrasion. This treatment uses the power of Aveda's Tourmaline charged products combined with a high-touch approach, proven to leave the skin with a smoother texture and increased radiance. A course of 3 is recommended.

Enbrightenment™ Brightening Facial

A combination of the powerful plant technology of the Enbrightenment™ products and high-touch skin therapy to help to reduce the appearance of hyperpigmentation and improve visible skin clarity. Featuring Asian-inspired massage techniques for deep relaxation and healthy skin functioning, this treatment helps to achieve an evening of the skin tone as well as overall skin luminosity. A course of 3 is recommended.

Green Science™ anti-ageing facial

A combination of the powerful plant technology of the Green Science™ products and high-touch skin therapy to renew, repair and regenerate the skin. Featuring Aveda's signature 5-phase massage, this unique treatment is clinically proven to lift and firm the skin and to reduce fine lines and wrinkles. Choose to focus on the eyes, lips, hands or neck/décolleté area during the treatment. A course of 3 is recommended.

Perfecting Plant Peel™

Our Perfecting Plant Peel™ thermal facial masque actively smoothes and re-textures the skin by exfoliating dulling skin cells, smoothing lines and wrinkles, evening skin tone and refining pores to restore youthful radiance to the skin. This treatment offers the benefits of a 30% glycolic peel but without the associated redness and irritation. A course of 3 is recommended.

Book and pay for a course of 3 facials and get the 4th Free

Add an extra area of focus (eyes, lips, hands, neck/décolleté) to any of our facials for £10

* Prices are based on the experience and training of Aveda Salon Professionals.



Aveda massage

Elemental Nature™ Massage

45 min £35 // 75 min £45 // 1 hr 45 min £60

A customised massage experience to relieve tension and mental stress. General fatigue is eliminated by pure essences blended to meet your physical and mental condition and massage techniques to suit your needs.

Chakra™ balancing Massage

75 min £55 // 1 hr 45 min £75

An innovative massage experience that focuses on the seven chakra centres using a variety of massage techniques. Combining the Aveda Chakra™ Balancing Blends with deep tissue massage, reflexology work and chakra energy work will lead to stress relief, decreased muscular tension and increased energy.

Fusion Stone Massage

1 hr 15 min £45 // 1 hr 45 min £60

Experience the aromatic power of Aveda Pure Flower and Plant Essences fused with the sensation of smooth stone massage. Your chosen aroma will encompass the senses, while opposing sensations of warm and cold stones combined with massage techniques, balance, soothe and invigorate your body.

Lava Shell Massage

1 hr 15 min £65 // 1 hr 45 min £75

NEW

Experience the aromatic power of pure flower and plant essences fused with the sensation of lava shells. Your chosen Aroma will encompass the senses while the sensation of smooth lava shells combines with massage techniques that balance, sooth and invigorate your body.

Joshua Tree Signature Massages

30 min £25 // 1 hr £45

Indian head massage

Back, neck and shoulder massage

Deep tissue massage (intense remedial massage)

Hydrotherm Massage (ideal during pregnancy)

Swedish Massage (invigorating and energising)

Aveda body treatments

Caribbean Therapy™ body treatment // 1 hr 15 mins £65

Rejuvenating and nurturing body treatments that use the healing touch and plant ingredients of the Caribbean to create inner calm and renew the body and senses.

The treatment begins with a dry exfoliation followed by a smoothing, detoxifying seaweed mask, a comforting body wrap and a scalp and face massage. After a refreshing shower, a restorative body massage completes this island-inspired experience.

Caribbean Therapy™ Body Scrub // 1 hr 15 mins £45

A stimulating exfoliation treatment that uses the healing touch and plant ingredients from the Caribbean to rejuvenate the skin and the senses. This island-inspired experience includes a foot massage, body scrub and body massage to leave you feeling refreshed and renewed.

Essential Back Treatment // 1 hr 15 mins £40

Designed to bring purity and balance to the skin on the back, this treatment will focus on cleansing, skin exfoliation, back massage and mask therapy. Perfect if you are having skin challenges on your back, seasonal skin changes or prior to a special occasion.

Rosemary Mint Awakening Body Wrap

1 hr 15 mins £55 // 1 hr 45 mins £70

Renew body and mind with this stimulating and nurturing dry wrap. Your body is exfoliated, smoothed, softened and wrapped. Essences of Rosemary and Peppermint will awaken your senses while a scalp and foot treatment balance and invigorate the whole body.

Aqua Polish // 1 hr 15 mins £40

A full body exfoliation and refinement of your skin using the therapeutic benefits of marine elements such as Dead Sea salts along with skin conditioning oils.

Aveda Face and Body Treatments

Self renewal face and body treatment // 2 hr 15 min £80

This head to toe experience is designed for total relaxation and skin recovery. Experience a nurturing foot and scalp treatment, followed by an Aveda customised facial and back massage.

Holistic Treatments

Reflexology

30 min £25 // 1 hr £45

This ancient method of healing works through pressure point massage on your feet to treat a wide range of conditions and to promote optimum health and wellbeing. It helps to relieve stress, tension and congestion therefore restoring balance and the flow of energy to your mind and body.

Reflexology treats the individual as a whole, not just the underlying symptoms, encouraging relaxation and a sense of peace and harmony.

Hopi ear candles

45 min // £35

This gentle treatment is the perfect way to clear congestion from the ear and sinus area. Commencing with a relaxing pressure point massage to aid the release of blockages and pressure.

Day Retreats & Spa Days

From Group celebrations and Wedding parties to complete escape days for one, the Joshua Tree offers a variety of signature Spa day packages to suit you.

All of our Spa Days include a light healthy lunch, linking in with the Roko health Club, and full use of its facilities: indoor and outdoor pools, sun deck, sauna, steam room, Jacuzzi, aromatherapy room, chill out area, state of the art gym, exercise classes* club lounge & bar and FREE parking.

Available Monday to Sunday *Subject to availability

Simply Chill Spa Days

£50 // Includes 1 of the following 30 minute treatments

£70 // Includes 2 of the following 30 minute treatments

£90 // Includes 3 of the following 30 minute treatments

Choose from the following:

Joshua Tree express Pedicure

Joshua Tree express Manicure

Signature Indian Head Massage

Signature Back, Neck & Shoulder Massage

Joshua Tree Signature Spa Day // 2hr 30min £100

Signature Facial or Massage,

Signature Manicure & Pedicure

Blow dry* with a Stylist / Junior Stylist



Aveda Hand and Foot Treatments

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Aveda Spa Manicure // 1 hr £25

This therapeutic treatment revitalises your hands by incorporating shaping, soaking, exfoliation, cuticle minimising and massage to the hands and lower arm. Using Aveda's unique pure plant essences to improve the condition of the nails and cuticles, hands are visibly softer and smoother. Treatment includes a nail buff, or an application of polish.

Caribbean Therapy™ Hand Treatment // 1 hr 15 min £35

A rejuvenating and nurturing hand treatment that uses the healing touch and plant ingredients of the Caribbean to improve the condition of the nails, cuticles and hands. A special exfoliating paste and a warm seaweed mask combine with Caribbean massage techniques to smooth and soften, relax and renew.

Aveda Spa Pedicure // 1 hr £30

An essential Aveda spa experience where the feet are thoroughly rejuvenated. Feel the tension releasing with our unique sea salt exfoliation, hot booties and reflex foot and leg pressure point massage, leaving your feet feeling smooth and revitalised. Your choice of a nail buff or polish application finishes the treatment.

Caribbean Therapy™ Foot Treatment // 1 hr 15 min £40

A rejuvenating and nurturing foot treatment that uses the healing touch and plant ingredients of the Caribbean to improve the condition of the nails, cuticles and feet. A special exfoliating paste and a warm seaweed mask combine with Caribbean massage techniques to smooth and soften, relax and renew.

Joshua Tree express Manicure // 30 mins £15

Joshua Tree express Pedicure // 30 mins £18

Foot Massage // 30 min £20

OPI Axxium Gel Nails

The top selling OPI nail polish shades you love in UV-Cured soak off gel formula. New Axxium Soak off gel lacquer polishes on similar to nail polish, and is UV cured for results that are nothing short of brilliant.

- Easy to apply
- Gives a smooth & flawless
- Perfect for busy, professional women, special occasions, extended holidays or any occasion that demands long lasting colour
- Ideal for shorter, natural nails and toes
- Soaks off in as little as 30 minutes

Axxium Manicure // 1hr 15min £30

Axxium Pedicure // 1hr 15min £38

Axxium Manicure & Pedicure // 2hr 30min £60



* Please allow drying time

** We ask you to wear appropriate footwear when coming for a pedicure for example open toe shoes or flip flops.

Fake Bake Spray Tan

'Fake Bake Spray Tan' & 'Fake Bake Gold' at the Joshua Tree is a complete salon professional tanning system. Due to its winning formula of special ingredients it gives an even, natural looking tan and gives you a beautiful colour safely - every time

Fake Bake Spray Tan // 10 / 15 min £25

Totally believable colour and a golden natural tan in minutes. Instant results that last for days. Using the finest botanical ingredients with a unique pleasant fragrance.

So your pro fake tanning? How about pro anti-aging?

Fake Bake Gold // 1hr 15 min £40

Now Fake Bake has gone one better. Fake bake gold is the ultimate self tanning system that also protects your skin from the harmful effects of the environment. It contains two of the most powerful anti-oxidants - pomegranates and stable green tea, as well as vitamins A & D. Together they fight the highly reactive free radicals in the environment, which are known to weaken the protective immune system and result in the thinning skin, loss of elasticity, age spots and ultimately wrinkles. This is a professional self tanning system applied by a trained therapist and is exclusive to premier salons.



Make Up

Make up make over // approx 30 min £20

Aveda Waxing

Treatment	Strip Wax	Hot Wax
Eye brow Shape	£10	£15
Lip or Chin Wax	£8	£12
Under Arms	£12	£17
Bikini	£15	£20
Brazilian	£25	from £30
Hollywood	£30	from £40
Leg wax	£18	-
Full leg	£24	-
Packages		
Lip & chin	£15	£23
Leg & bikini	£30	-
Full leg & bikini	£35	-

Treatment	
Eye brow tint	£10
Eye lash tint	£15
Eye lash & Eyebrow tint	£22

Note

Please avoid application of body moisturisers 24 hrs prior to appointment. No hot bath, steam, swimming or sun exposure 24 hrs after appointment. We require you to have a skin sensitivity test 24 hrs prior to any tinting service if you have not had lash or brow tint in the last 12 months at the salon. Please advise us if you are using doctor prescribed skin care products or taking any medicine as we regret some treatments may not be suitable.



Men's Services

Facial for men // 45 min £35 // 1hr 15min £45
Focusing on exfoliation, extraction or hydration

Essential Back Treatment // 1hr 15min £40
Cleansing back treatment which includes exfoliation and extraction.

Aveda Men's manicure // 30 min £15
Includes cuticle work and exfoliation

Aveda Men's pedicure // 30 min £18
Includes cuticle work, exfoliation and removal of dead skin

Deep Tissue Massage // 30 min £25 1 hr £45
Intense remedial massage

Elemental Nature™ Massage
45 min £35 // 75 min £45 // 1 hr 45 min £60

A customised massage experience to relief tension and mental stress. General fatigue is eliminated by pure essences blended to meet your physical and mental condition and massage techniques to suit your needs.

Hair Removal

Back	from £15
Chest	from £15
Eyebrow shape	£10
Eyebrow tint	£10
Eyelash tint	£15

Mens Hair services also available see page 6

Our mission at Aveda is to care for the world we live in, from the products we make to the ways in which we give back to society. At Aveda, we strive to set an example for environmental leadership and responsibility, not just in the world of beauty, but around the world.



Mixed Sources
Product group from well-managed
forests, controlled sources and
recycled wood or fibre
www.fsc.org Cert no. SGS-COC-004676
© 1996 Forest Stewardship Council

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Opening times

Monday	9.30	-	9.00
Tuesday	10.00	-	6.00
Wednesday	9.30	-	9.00
Thursday	9.30	-	7.00
Friday	9.30	-	6.00
Saturday	9.00	-	5.00
Sunday	10.00	-	4.00

For all bookings and enquiries

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